



National Training Workshops on Mental Health

September & October 2007
Glasgow, York & Newcastle



A series of nationwide training programmes are being organised on various aspects of current developments in mental health by the Centre for Continuing Professional Development.

The objective of these multidisciplinary workshops is to exchange knowledge on recent developments on several aspects of mental health. Speakers from centres of excellence will be presenting their experiences and facilitating the workshops. Participants are expected to contribute actively at these training programmes by sharing some of the issues from their own clinical experience.

The workshops listed in this brochure include:

- “Psychological Therapies for Treatment of Personality Disorders” - (10th Sept, 2007, University of Glasgow)
- “Substance Misuse – Cognitive Behavioural Treatment” - (11th Sept, 2007, University of Glasgow)
- “Early Detection of Psychosis” - (2nd October 2007, University of York)
- “Cognitive Behavioural Therapy for Delusions” - (3rd October 2007, University of York)
- “Crisis Intervention & Psychiatric Emergency Service” - (22nd October 2007, University of Newcastle)
- “Assertive Outreach Service” - (23rd October 2007, University of Newcastle)

These training programmes are aimed at:

- Psychiatrists, Doctors, General Practitioners
- Nurses and Health Care Staff
- Social Workers and Social Care Staff
- Clinical Psychologists, Counsellors
- Occupational Therapists, Physiotherapists, Speech and Language Therapists etc.
- Probation Officers, Police, Prison Staff, Lawyers, Court Staff
- Service users, Carers and Voluntary Organisations
- Managers & Planners in Health, Social Services & Voluntary Agencies
- Residential & Domiciliary Care Staff

These workshops will take place within the pleasant University Campuses of Glasgow, York and Newcastle. A range of hotels, guest houses and bed & breakfast accommodation is available within close proximity to the venues. It is essential to reserve accommodation for the workshops in advance. All applicants will receive information for booking suitable accommodation, along with maps and directions for the various venues.

As seats are limited at each workshop, early application is advisable to avoid disappointment.

Please note that applications can be made for one or more of the training programmes.

Registration Fees: (Including coffees, lunch and documentation)

£199.00 for one day; for two days **£378.00** (for each additional day please add £179.00)

Cancellation Policy: Refund less 20% Administration Fee if received in writing at least 3 weeks before the workshops. We regret that after this time, no refund will be made. However, substitute delegates are welcome at any time.

N.B: Invoices must be settled before the date of the workshops to allow delegates to attend

Cheques should be made payable to “**FULHAM EVENTS**”

For further information please contact:

FULHAM EVENTS (CCPD)

Unit 6, Ray Street Enterprise Centre, Ray Street, Huddersfield, West Yorkshire, HD1 6BL

Tel: 01484 532 102 Fax: 01484 425 699 Email: worldforum@aol.com Website: www.worldforum.co.uk

APPROVAL FOR C.P.D – 5 HOURS PER DAY

PLEASE CIRCULATE COPIES TO OTHERS INTERESTED IN YOUR AREA & DISPLAY ON NOTICE BOARDS

PROGRAMMES – University of Glasgow

WORKSHOP ON

“Psychological Therapies for Treatment of Personality Disorders”

Monday 10th September 2007

Wolfson Medical School, University of Glasgow

Conducted by:

Mr. David Jones, Consultant Forensic Psychotherapist,
North East London Forensic Personality Disorders Service

TOPICS TO BE COVERED:

Why has Personality Disorder been brought in from the cold?

- History and Background. Legislation and legal framework. New therapeutic approaches

What do we mean by Personality Disorder?

- The Personality Disorder spectrum. Changing views on Personality Disorders. Does treatment work?

What is your experience of Personality Disorder?

- At work, in film and theatre, elsewhere

Implications for work

- How is the institution affected? How are staff affected? Developing safe systems

Developing a plan of action

- For yourself, for colleagues, for your workplace

The workshop will take the form of short presentations, breakout groups and role-plays

WORKSHOP ON

“Substance Misuse – Cognitive Behavioural Treatment”

Tuesday 11th September 2007

Wolfson Medical School, University of Glasgow

Conducted by:

Mr. Derek Tobin, Programme Team Manager,
COMPASS Project, Birmingham

TOPICS TO BE COVERED:

- Developing a case for Formulation
 - Treatment Planning
- Structuring therapy sessions / using cognitive techniques
 - Building motivation to change
 - Advantages / Disadvantages of use analysis
 - Pros and cons of change analysis
 - Identify cognitive distortions
- Identify and re-evaluate positive substance related beliefs
 - Behavioural experiments
 - Developing a relapse cycle

The workshop will have a practical focus and will require a lot of delegate participation in role-play and group exercises

PROGRAMMES – University of York

WORKSHOP ON

“Early Detection of Psychosis”

Tuesday 2nd October 2007

Alcuin College, University of York

Conducted by:

Dr. Paul Patterson, Hon. Senior Research Fellow, University of Birmingham & Project Manager, Early Detection & Intervention Team, Birmingham

TOPICS TO BE COVERED:

Early Intervention in first-episode psychosis has become widely accepted as a positive development for client care and recovery, quickly becoming established as the standard approach in many parts of the world. Much less is known about efficacy of interventions with those at 'high-risk' of developing psychosis, but the concept is proving to be equally appealing, generating many clinical and research programmes in recent years. The Birmingham ED:IT Service (part of the Birmingham Early Intervention Service) was one of the first services to work with young people at high-risk of psychosis in the UK and has a great deal of experience in applied Clinical, Educational and Research Evaluation strategies in this field. This workshop will aim to disseminate some of the findings and learning points from the first five years of service operation

This workshop will cover the following themes:

- Background and Rationale for Early Detection Approaches to Treatment of Psychosis – Is there a need?
- When do Psychotic Symptoms become a Psychosis? What do clients look like? Identification and Assessment of Clients at “High Risk”
 - Working across Primary Care, Child & Adult Services to Reduce the Duration of Untreated Psychosis
- Collaborations with Non-Statutory Staff and Organisations in the Community – Approaches to Psychosis Awareness Training and Mental Health Promotion.

WORKSHOP ON

“Cognitive Behavioural Therapy for Delusions”

Wednesday 3rd October 2007

Alcuin College, University of York

Conducted by:

Dr. Emmanuelle Peters, Senior Lecturer in Clinical Psychology & Hon. Consultant Clinical Psychologist Institute of Psychiatry, Kings College London

TOPICS TO BE COVERED:

Recent research suggests that delusions lie on a continuum with normal beliefs, and that their form may be more important diagnostically than their content. Key psychological models of delusions emphasise the importance of unusual experiences in driving delusional explanations, the role of appraisals in determining delusional outcome, as well as the presence of reasoning biases such as a “jump-to-conclusions” reasoning style. Such conceptualizations have led to further refinements in therapeutic techniques for delusions, which are the symptoms most amenable to changing delusions.

The key learning objectives are to:

- Become aware of therapeutic styles necessary for working with psychotic patients
- Have an understanding of key issues to be covered in the assessment of delusions
- Have the opportunity to practice doing formulations for individuals with delusions
 - Learn CBT skills and techniques for changing delusions

Training Modalities

The introduction to current research and psychological models will be primarily didactic.
The skills based element of the workshop will be experiential.

I wish to attend the workshop(s) on

(please the boxes where applicable)

Personality Disorders (10th Sept)



Substance Misuse (11th Sept)



Early Detection of Psychosis (2nd Oct)



CBT for Delusions (3rd Oct)



Crisis Intervention (22nd Oct)



Assertive Outreach Service (23rd Oct)



*I am enclosing a Cheque for £..... to reserve a place (*delete where applicable)

*Please invoice my employing authority who have agreed to pay my fees £.....

Signature.....Date.....



