



## Advocacy 2010/11

**Provider:**

**Spectrum Training**

Units 5 & 8

Okehampton Business Centre

Higher Stockley Mead

Exeter Road

Okehampton

EX20 1FJ

Phone No: 01837 55689

Fax No: 01837 55160

Email: [training@spectrummanagement.org.uk](mailto:training@spectrummanagement.org.uk)

**Name of Person/Contact:** Jo Duff

**Workshop length:** Full Day

**Workshop level:** This course is aimed at all staff, volunteers and family carers who are supporting adults OR who need advocacy support within a health, social care or family setting.

**Outcomes:** Participants will have a greater understanding of the types of advocacy. The course will primarily focus on how participants can best enable the people they support in self advocacy.

**Key areas covered:**

- What is advocacy?
- The difference between advocacy, support and advice roles
- Types of advocacy
  - Self advocacy, Group advocacy, Peer advocacy, Citizen advocacy
  - Legal advocacy, Statutory advocacy, role of IMCA / IMHA
- Key skills required by enablers to promote self advocacy
- Where to seek further information and advice

**Dates and Locations:**

**September 2010:**

15<sup>th</sup> – Exeter

**January 2011:**

17<sup>th</sup> – Tavistock